



Are you looking for fun things to do to keep your family engaged and occupied? Are you looking for a way to have fun, get moving *and* have a chance to win fun prizes??! Grab yourself and your family and take part in Warren Parks & Recreation's Stay Safe & Have Fun program! Complete activities from our activity sheet and log them to earn points. Awesome prizes will be awarded for the winners!! Our program runs through June 24, 2020. Winners will be notified via email. Now let's have some fun!!

HOW:

Signing up is simple. Register your family by sending an email to WarrenCTrec@gmail.com , and we will forward you *this* list of activities and a digital log where you will be able to keep track of the activities you complete and submit them daily!

DETAILS:

- When logging your activities on the log form, please be sure to enter the correct number associated with the activity on the activity sheet.
- Text in blue are links to great resources for the activities.
- There are three point categories: 1 point activities, 2 point activities, and 3 point activities.
- Don't have a printer at home? Just having some technical difficulties? No worries! Email us (WarrenCTrec@gmail.com) to let us know, and we can print out what you need and mail it to you!

- Trouble uploading your points or photos to the Google Form? No problem. Email us the details and/or photos and we will make sure your family's points are accounted for.
- Select activities give you the opportunity to tack on extra points:
 - **REPEAT** - an activity with the word "REPEAT" in its description means this activity can be logged as many times as it is completed to earn points!
 - **BONUS** - an activity with this in its description means that by adding a photo or video of you and your completed activity to your log, you will earn 1 extra point!!

ONE POINT ACTIVITIES

1. Go for a walk / run / hike!

- Take your pets if you have them! (REPEAT / BONUS)

2. Complete this Warren themed word search!

- Click [here](#) to get a printable version!



3. Hopscotch!

- Get your chalk out and draw yourself a hopscotch court - play some rounds! (BONUS!)

4. Jump rope!

- See how many jumps you can get in a row!

5. Make a fun fact sheet about your favorite athlete / celebrity.

- If you don't have one, pick one and learn about them! Upload your sheet for a BONUS!

6. Complete a jigsaw puzzle.

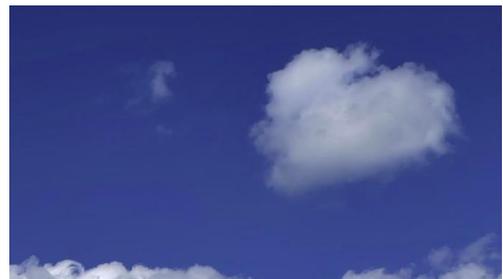
- Shoot for 100+ pieces! (BONUS)

7. Play a boardgame!

- Gather round the table for some family fun! (REPEAT)

8. Go cloud-watching!

- Lay a blanket out in your yard and watch the clouds go by. Use your imagination to identify as many shapes and objects as you can!



9. Re-read your favorite book!

- Sit outside with a glass of lemonade and enjoy!

10. Look for wildlife in your backyard!
 - Can you spot any visitors? Can you hear any? (BONUS!)
11. Blow bubbles outside!
 - For an extra challenge - try [making your own](#) bouncy bubbles!
12. Have a photoshoot with your garden!
 - Grab a camera and go check out your garden -- snap some pics of the beautiful flora! (BONUS!)
13. Do some coloring pages!
 - For both adults and for children - check out some of these [awesome printable coloring book pages](#). Relax, and color!



14. Eat 2 servings of fruit / vegetables a day!
 - Extra challenge: try and make some of these [fun, healthy snacks](#)! (REPEAT!)

15. Go on a bug hunt!
 - Give your entomologist a container and have them search the backyard for all the bugs they can find! (BONUS)

TWO POINT ACTIVITIES

1. Read a book you have not read before!
 - a. Try finding one from a [Little Free Library near you](#). (REPEAT)

2. Plan a virtual visit with a friend or family member!
 - o. Zoom, facetime, or skype! (REPEAT)
3. Make homemade popsicles!
 - o. Check out [this website](#) for some healthy popsicle recipe ideas! Enjoy them outside for a faux-vacation. (BONUS!)
4. Block challenge!
 - Using whatever blocks you have on hand (LEGO, Roblox, boxes from Amazon, old cereal boxes...) to create the tallest tower you can! (BONUS!)

5. Meditate!

- o. As a family or independently, this is an absolute (REPEAT!)
- b. New to meditation? Check out the following links for some tips for [kids](#), and also for [adults](#) to help get started.



6. Fashion show!

- a. Get dressed up in all your favorite items in your closet, and turn your living room into a runway!

7. See and learn about awesome animals at home!

- a. Check out live cams, stories, educational videos, games and more about the animals who live at the [San Diego Zoo](#)!

8. Go for a bike ride!

- o. Don't forget to wear your helmets! (BONUS!)

9. Play sports outside with your siblings/parents!

- o. Pick your favorite sport and set up some space to play outside! Soccer, kickball, or basketball to name a few... Here are some other [fun ideas for outdoor games](#)! (REPEAT!)

10. Have dinner as a picnic outside!
 - a. Barbecue, anyone?? **BONUS!**



11. Make a bird feeder!
 - a. Create a feast for your flying friends! This [website](#) has great ideas on how to get started, and what materials to use. **BONUS** - See if you can snap a pic of a bird enjoying your treat!

12. Scavenger hunts!
 - a. Print out one of these lists (or find your own!) and get to scavenging!
 - i. [Indoor scavenger hunts!](#)
 - ii. [Outdoor scavenger hunt!](#)

THREE POINT ACTIVITIES

1. DIY Masks
 - a. Grab some paper plates, paint, old t-shirts, and some rubber bands... and make a DIY mask! For function or for fun - up to you! **(BONUS!)**
2. Chores!!!

- a. Help your parents around the house! Vacuum, empty the dishwasher, clean your room, do a load of laundry... anything you can help with! (REPEAT)
3. Make a chalk drawing outside!
 - a. Special bonus if you make a “thank you” sign to all of the frontline workers! (REPEAT / BONUS!)
 4. Become a chef / baker!
 - a. With an adult’s supervision, bake or cook something yummy! Brownies, cookies, breads, cakes... whatever you’re craving!



5. Go camping in your living room (or backyard!)
 - a. Get out your pillow forts / tents.. Stove-top s’mores, anyone??
6. Take a virtual vacation!
 - a. Check out the plethora of virtual tours available online and experience things like [national parks](#), [European castles](#), [concerts and performances](#) from NYC’s Lincoln Center, or even a [tour of Machu Picchu](#), all from your own couch! (repeat)
7. Find your green thumb!
 - a. Find some seeds, soil, water, sunlight and a pot (or your garden!) and get planting! Check out these ideas for a crafty and up-cycled garden, using [egg-shells](#) or [old cartons](#). (BONUS!)
8. Kindness Rocks!
 - a. Think real rocks! Find some rocks around your yard and paint them with kind messages and/or images. Take a few with you when you go for a walk and place them in a safe location, to bring a smile to anyone who sees them!

9. Mail some peace & love.

- a. Write a letter to a service member, or to an elderly resident of a nursing or care home. They would LOVE to hear from you, and even see some of your artwork! ****REPEAT - 3 Points earned for each letter sent!**

- i. Support our Troops / Post Office Box
70 / Daytona Beach, FL 32115
- ii. Valerie Manor / 1360 Torrington
Street / Torrington, CT 06790
- iii. Litchfield Woods Health Care Center /
255 Roberts Street / Torrington, CT
06790
- iv. Wolcott Hall Nursing Center / 215
Forest Street / Torrington, CT 06790

