Good Morning Volunteers and Community Members: To those of you who have immediately reached out to be a volunteer at this time, We Thank you so much for meeting us at the front lines to help ensure the safety of our community members. To those who are in need of some support at this unprecedented time, know that you have a community around you ready to help! Please read on...

**GROCERY & RX DELIVERY SERVICES**

We are working hard to establish a process for grocery delivery and pick up for those who are either homebound in quarantine for their physical safety, those who are in need and unable to purchase goods, or both. We continue to operate our food pantry for those in need of free foods, and delivery from the pantry is available by request. We are also establishing accounts with grocers to create an easy and efficient way to purchase and provide groceries to those who are quarantined or homebound at this time.

*If you are on our volunteer list,* I will email when I receive a grocery or medication pick up request and location of pick up site to find the best match available. Please respond as quickly as you are able and please understand I may not respond to all emails immediately as I will be working to match a volunteer to the resident in need.

*If you are in need of grocery deliveries* please call or email social services immediately. You will need to provide social services with a detailed list of items requested. The most efficient way to do this is via email, however if you do not use email we can find alternative ways to communicate your list to our volunteer.

*Volunteers will be provided with name tags to identify them* at Warren Community Member Volunteers as well as gloves for safety.

**NEWS FROM THE PANTRY**

If you are interested and able to donate to our Food Pantry during this time but you are quarantining, **Please consider online shopping!** The pantry has already had an increase in visitors during this time, and currently we are need of non-perishable food items or home goods/hygiene items. Please see the list below.

Where to deliver? John Favreau has kindly & generously allowed us to use the Warren Store as a delivery location. **Please DO NOT drop off bags of**
groceries personally shopped for or from your pantry to the Warren Store: This is a delivery site from online shopping only! Please ship to:

Warren General Store: Care of Social Services

10 Cornwall Rd
Warren, CT 06754

PANTRY NEEDS:

- Cereal
- Spam
- Canned tuna
- Canned chicken
- Pasta sauces (variety)
- Chef Boyardee/canned ravioli/pastas
- Soups
- Low sodium soups
- Canned carrots/beets/mushrooms
- Flour
- Sugar
- Coffee
- Pancake mix
- Cooking oils/olive oil

Hygiene and Home Items (these items cannot be purchased with state funded SNAP benefits; therefore they are in high demand):

- Shampoo
- Conditioner
- Body wash/soap
- Toothpaste
- Toothbrushes
- Paper towels
- Razors

- Dish soap
- Laundry detergent

We are well stocked on: canned corn, green beans, and fruit.

Please Note: The pantry continues to be open its normal hours of the first and third Thursday every month from 10:00am to 12:00. In April we will open an extra day, April 9th. We will consider continuing to have extra pantry days as we progress into May depending on the need we see.

If you are a Warren resident in need of grocery or medication delivery please call Missy Woodward at 860-868-7881 ext. 114 or email socialservices@warrenct.org
Do you have a friend, family member or neighbor who would like to be on social services email list? Please forward them my email and have them request to be part of our list! I will continue to write updates on services we are working to provide during this time.

If you are concerned or have questions regarding COVID-19 please call 211.