

Warren Social Services

May 2020

Newsletter

Dear Warren Resident

In these stressful and uncertain times, Social Services is working to ensure that the needs of all members of the community are met. We have developed some new programs and extended others in order to best serve our residents. We continue to have office hours for assistance via telephone.

To our many residents who have reached out during this time to make donations to social services programs: We cannot thank you enough,. Your generosity and compassion is truly appreciated by our office and those residents your donation provides aid for.

To make a donation

Donations can only be made via check. Checks should be made payable to The Town of Warren, with a memo line indicating where you would like funds to be allocated (i.e.: Warren/Washington Food Pantry, Social services programs, COVID-19 relief).

Please send checks to: Warren Social Services | 50 Cemetery Rd | Warren CT 06754

Please Stay Home to Stay Safe

It is the responsibility of every citizen to stay home and out of close contact with others. Please resist the temptation to visit with friends & family or go to the store multiple times a week.



Social Services Contact Info

Melissa Woodward | 860-868-7881 ext. 114

socialservices@warrenct.org

Special Interest Points:

- ◆ Food and Prescription Delivery
- ◆ Food Pantry
- ◆ Mental Health
- ◆ Ways to connect

Available Programs

Grocery and Prescription pick up and delivery Service:

Warren has an incredible group of CERT volunteers ready and able to safely shop, pick up, and deliver all your grocery and prescription needs. Please do not hesitate to utilize this service if you are a senior, immunocompromised, or if you are actively following "stay home, stay safe" orders. To organize your grocery deliveries simply contact our office. Deliveries are made by CERT trained volunteers; your and their safety is of the utmost importance to the Town of Warren.

All are provided with P.P.E. (personal protective equipment).

Warren Mask Makers Program:

Warren Social Services is working together with our community to help fill the need for masks. **Masks are available to ALL residents.** While we prioritize providing masks to seniors and those are or immunocompromised or individuals caring for said residents, we are working to ensure every resident has access to a mask. Please contact our office and we will distribute hand sewn masks to you immediately.

Want to get involved? Social Services will help fund these sewing projects.

Have you experienced a loss of income due to COVID-19?

There are programs and limited financial aid available to those who have lost income due to the pandemic. Please contact our office immediately to discuss available assistance.

COVID-19 & Mental Health

If COVID-19 has affected your mental health **you are not alone!** Many of us are facing increased anxiety, fears and changes in behavior due to this pandemic. Please know that there are many services available to you via telephone and internet.

Looking for local assistance finding a counselor? Call Greenwoods in Litchfield, CT at:

860-567-4437

For the Western CT Mental Health Network Crisis line *8:00am-Midnight call: (860)-482-1560

Suicide prevention lifeline: 1-800-273-8255

More on Mental Health Care...

Stay connected! Acknowledge your mental health concerns with family and friends. Practice self care, establish routines, and use the resources available to you. Do not hesitate to contact our office for referrals.

For helpful links visit: 211ct.org or ct.gov & search covid-19 and mental health.

For more useful online tools and ideas for self care, check out social services online announcements at **warrenct.org**

Food Pantry

Open EVERY Thursday

The Community Center | 7 Sackett Hill Rd

Thursdays 10:00am-12:00pm

ALL residents of Warren and Washington are welcome to shop at the pantry.

The Pantry is now partnered up with **Warren CSA** providing fresh produce and eggs EVERY week from local farms.

YES! - You can visit the pantry if you are JUST interested in receiving a CSA share. To make a donation to this specific cause visit warrengrowncsa.com.

Donations:

We continue to accept food donations for the pantry during this time, call to organize a drop off, drop foods during hours the pantry is open or deliver online orders to the Warren Store care of Social Services.

PLEASE NOTE: We cannot accept donations that are open, tampered with or damaged. We cannot accept donations that are fresh or frozen unless they are directly delivered to the pantry during open hours. Please do not leave open, fresh, or frozen foods at the town hall. Thank you!



Town of Warren
50 Cemetery Road
Warren CT 06754

PRSRT STD
ECRWSS
U.S.POSTAGE
PAID
EDDM Retail

Phone: 860-868-7881

Fax: 860-868-7746



Local Postal Patron

Join our mailing list:

Send an email and request to be part of our mailing list in order to receive updates quickly.

Follow us on Facebook:

Warren Social Services now has a Facebook page! Follow for resources and news

Stay Connected:

If you want to be a part of our phone call list, please let us know. We will call with info, updates, and just to check in.

*"When I was a boy & I would see scary things in the news, my mother would say to me,
Look for the helpers. You will always find people who are helping."*